# C SIXTEENTH STREET HEALTH CENTER



CARING FOR OUR COMMUNITY
2006-07 Annual Report



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More than 5,000 new patients were enrolled and new partnerships were formed to provide new services at the community level.

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#### 12TH ANNUAL CELEBRITY ROAST 23

It was a Knock Out of a Roast, with health care heavy weight retiring Aurora CEO Ed Howe as the guest of honor. Thanks to everyone who helped make it a success.

#### FRIENDS AND CONTRIBUTORS

25

Without support from individuals, businesses, foundations and charitable organizations many of the important programs and services offered at Sixteenth Street would cease to exist. Thank you.

#### FINANCIALS 29

Audited revenues and expenses for our fiscal year beginning on April 1, 2006 and ending on March 31, 2007.

#### BOARD OF DIRECTORS AND FUND DEVELOPMENT COMMITTEE 31

Volunteer leaders provide important direction for the agency and help attract new resources to support needed programs.

#### **MISSION STATEMENT**

The Sixteenth Street Community Health Center is an innovative, case-managed, and family-based primary health care provider committed to the delivery of the highest quality health care services to Milwaukee's south side residents.

In support of this mission the CENTER is dedicated to playing an active leadership role in the development, delivery, accessibility and advocacy of primary health care to improve the health and well-being of the individuals in the community we serve.

The CENTER's health services are designed to serve people in the context of their community, family and culture and will be free of linguistic and economic barriers. As a catalyst for community well-being, the CENTER will be a collaborative participant in the quest for the continuous improvement of, and affordable access to, community health care that is reflective and responsive to our community.

The CENTER, in order to fulfill its mission, will continue to provide a work environment that is conducive to staff development, teamwork and flexibility to optimize cost effective performance with quality health services to ensure continued financial stability.

#### Dear Friends.

More than 5,000 new patients have been welcomed into care at Sixteenth Street since we opened the doors of our Parkway Community Health Center in April 2006. Fourteen new medical providers (including pediatricians, internists, family practitioners, certified nurse mid-wives, nurse practitioners and physician assistants) have joined our practice. Along with their care teams and the existing medical staff at our Chavez Community Health Center, Sixteenth Street continues to lead in the provision of high quality, culturally competent care for some of Milwaukee's most ethnically diverse and vulnerable populations.

In addition to expansion of staff, the menu of our services has grown through partnership arrangements with Marquette University Dental School and Dental Associates to care for our uninsured and underinsured dental patients. Occupational Therapy services have been added and Physical Therapy hours have been extended courtesy of Progressive Step Rehabilitation Services. Most recently, Columbia St. Mary's has opened a radiology and mammography suite providing critical diagnostic capacity conveniently located in our community setting.

#### A MESSAGE FROM THE PRESIDENT & CEO



### John J. Bartkowski

Sixteenth Street also continues its role as a leader in service to the community at large. Throughout the past year graduate level nursing and social work students have come to Sixteenth Street to see first-hand the model of care we provide. Wisconsin's former First Lady Sue Ann Thompson came to Sixteenth Street to recognize the women's health services we offer and current First Lady Jessica Doyle and Lt. Governor Barbara Lawton came to Sixteenth Street in recognition of our lead poisoning prevention and asthma management efforts. A delegation from Milwaukee's sister city in China – Ningbo – came to Sixteenth Street to learn more about our sustainable development activities in the Menomonee River Valley.

This year's annual report represents a celebration of the breadth and depth of the care available at Sixteenth Street. As always, without the leadership of our Board of Directors, the dedication of our staff and the support of many local businesses, community leaders, foundations and government institutions, none of this would be possible. Thank you.

Sincerely,

John J. Bartkowski, DrPH President & Chief Executive Officer Sixteenth Street maintains contractual arrangements with specialists who hold clinic hours at our facilities so that care can be provided to patients in a familiar setting. Some of these specialty areas are pediatric gastroenterology, podiatry, OB GYN, ophthalmology and orthopedics.

Partnership arrangements also allow Sixteenth Street to offer some critically needed services on a daily basis. Progressive Step Rehabilitation offers Physical and Occupational Therapy services at our Parkway location. These services are so important to our patients who often have physically demanding employment and extended family care responsibilities.

A collaboration with Columbia St. Mary's has made Radiology and Mammography services available on site, again at our Parkway location. Offering these additional diagnostic tools in the same building where our patients receive primary care is a great convenience for our patients and assures earlier and better detection of potentially serious health conditions



## ADULT & FAMILY PRACTICE

Patients of all ages can rely on Sixteenth Street for the complete range of out-patient health care services. All of our health care providers are Board Certified in their practice area and maintain their certifications with continuing education throughout the year. Many of our practitioners have additional educational and specialty training that enables them to provide "on the spot" care for patients with asthma, diabetes, HIV or other chronic health conditions.



# SUPPORT FOR PATTENTS WITH CHRONIC ILLNESS

Sixteenth Street's **Diabetes Management Program** has a proven track record of results. Our patient education team employs individual nurse case management, community outreach and supportive patient services to help patients learn about diet and exercise and how to handle depression.

A blood test known as the HbA1c (glycosylated hemoglobin) is done with our diabetes patients several times during the year. The average HbA1c level is now 7.5 – a score that indicates our patients are doing a good job managing their diabetes through appropriate medication use and diet and exercise.

#### Asthma Control Program

More than 2,400 Sixteenth Street patients suffer from **Asthma** – an inflammatory disorder of the airways that causes wheezing, shortness of breath, chest tightness and coughing. Severe asthma episodes often send people to the emergency room for care. But asthma can be controlled with medication and a thorough understanding of the "triggers" that can bring on a severe episode.

Sixteenth Street's medical staff have all completed training on environmental asthma trigger identification. Spirometry (a medical test to measure lung function) is available on site for all of our asthma patients. The goal of Sixteenth Street's **Asthma Control program** is to provide comprehensive, coordinated, culturally literate bi-lingual services that represent a 'best practice' standard of care.

#### HIV Prevention, Testing and Treatment

Milwaukee County has the highest number of HIV cases in the state. In fact, more than half of all of the state's HIV cases reside in Milwaukee. Of these cases, 63% are minorities. The incidence of HIV is 16% greater for African Americans than for Whites and 13% higher for Latinos. Studies in Wisconsin have shown that 35% of people tested for HIV progress to AIDS within one year – indicating that people are "untested, untreated or both".

Sixteenth Street's HIV department is a unique and much needed resource. In 2006, 1,010 individuals were tested and 1, 237 people received counseling. 5,428 received HIV/STD prevention education. In a new collaboration with South Division High School, HIV Prevention and Outreach staff made interactive presentations during health classes. The expertise of our HIV department staff has been recognized by the Cream City Foundation for outstanding and innovative work with Milwaukee's gay and transgendered Latino community.

#### Healthier Wisconsin Partnership Chronic Care Project

Sixteenth Street's proposal to establish a unified treatment approach to benefit patients with asthma, diabetes and overweight/obesity was selected by the Medical College of Wisconsin's Healthier Wisconsin Partnership Foundation for funding in 2004. During the second year of Salud para Todos !Querer es Poder! (Health for All: Believe and Achieve) patients with asthma, diabetes or overweight/obesity have been referred to the project by Sixteenth Street medical providers. These patients have participated in cooking classes, monthly grocery tours and family fun nights at the United Community Center. Analysis of the benefits of participation in these activities will be completed in year three of the project.



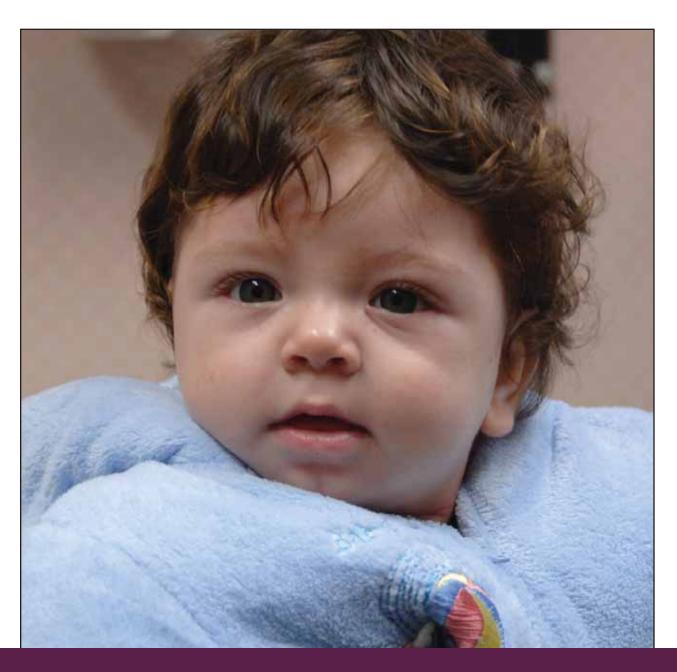


# COMPREHENSIVE VICENCE STATES OF THE ALTH CARE

The Women's Health Program at Sixteenth Street provides women with an array of services to support them through pregnancy and delivery. Our nurse midwife program is run in partnership with Columbia St. Mary's hospital and the residency program of the Medical College of Wisconsin. This unique collaboration allows women to experience a supportive, natural birth experience with minimal intervention unless it is needed. Fewer than 10% of Sixteenth Street patients undergo cesarean section deliveries and nearly 40% of women who previously had cesareans were able to have successful vaginal deliveries.

All women receive information about appropriate weight gain during pregnancy. For some women, their weight, family history and general health status point to a risk of developing diabetes during pregnancy. Referrals are made to our Gestational Diabetes Management Program so that women can be tested for diabetes and receive education and a glucometer to learn how to monitor and to control their blood sugar. Of the women who participated in this program 85% were successful in avoiding diabetes and delivered babies weighing less than nine pounds.

Tooth decay and poor oral health are different pregnancy risk factors that have been associated with pre-term births and low-birth weight. The bacteria that causes tooth decay can be passed from mother to baby and 'baby bottle tooth decay' can become a devastating condition for infants and toddlers. Our comprehensive Oral Health program provides referrals for women in need of dental care and parents receive information about baby bottle tooth decay and how it can be avoided.



Sixteenth Street's medical staff have all received training on oral health problems and our pediatricians will apply a fluoride varnish to baby's first teeth to try to prevent baby bottle tooth decay from developing.

A team of nurses, nutritionists and community health workers engage with pregnant women and their families from the time pregnancy is confirmed through six weeks following birth. This Peri-natal program provides reproductive health education, diet, nutrition and breastfeeding support, along with assessment for alcohol, drug and tobacco use and referrals to social services or behavioral health counseling as needed. 1,368 pregnant women received services in 2006. 63% of these women entered into care during their first trimester of pregnancy and 85% started breastfeeding immediately following birth.

Health Education classes complement the Peri-natal program and the Stork's Nest Patient Reward program provides a way for patients to accumulate "points" that can be redeemed for baby care items as an incentive to attend pre-natal appointments and health education classes.

Sessions to improve parenting skills, understand early childhood brain development and how to deal with stress are offered. Everyone who sought services through the Stork's Nest or car seat program received information about newborn care, breast-feeding and child safety. Ninety-eight infant car or booster seats were given out, for a small fee, along with proper usage and installation instructions.



## CHILDREN'S

Sixteenth Street's pediatric department is staffed by 12 bi-lingual medical providers who specialize in treating the illnesses and chronic conditions of childhood. Our pediatricians serve as team leaders to provide expertise and support for their colleagues on special areas of interest such as lead poisoning prevention, asthma management, autism awareness, oral health care and healthy living/obesity prevention. Children's Hospital of Wisconsin (CHW) is our pediatric hospital partner. CHW maintains an Urgent Care site after hours in our Chavez Pediatric Clinic, caring for patients until 11:00 p.m. on weeknights and on weekend afternoons.



Sixteenth Street operates the largest single site WIC program in the state. An average monthly case load of over 7,000 people have access to health assessments and monitoring for children, nutrition education for families, along with vouchers for certain high protein foods. In the summertime the food vouchers include farmers market coupons so that families can purchase fresh fruits and vegetables.



## WOMEN, INFANTS & CHILDREN-WIC NUTRITION PROGRAM

Sixteenth Street's WIC program promotes the benefits of breastfeeding and is proud to lead the state in the number of women who initiate and continue breastfeeding for one month or more.



### BEHAVIORAL HEALT H SERVICES

Counseling for adults, adolescents, families and children

A complete range of counseling services for adolescents, families adults. children is available from our bi-lingual provider staff which includes psychiatrists, psychotherapists, licensed counselors and social workers. Working in concert with our primary medical care staff the problems they include help depression, can with anxiety and panic disorders, anger, abuse, family violence, parenting concerns and eating disorders.

**Both the Chavez and Parkway Health Centers have** on-site masters-level social workers and service assistants available to help patients with issues in their daily life that can prevent them from getting the health care that they need. Enrollment specialists can help sign people up for medical assistance or other programs that can help pay for their health care. Assessments and referrals can be made to other agencies to help with food, shelter, financial issues or domestic abuse situations.



# SOCIAL SERVICES Crisis counseling, case management 6

Crisis counseling, case management, referrals for needed resources and patient advocacy.



## ENVIRONMENTAL HEALTH

Our Environmental Health Department is unique among community health centers. The impact of their programming touches individuals as well as the broader community. **The Community Based Lead Poisoning Outreach Project** works in concert with the South Side Parents Against Lead (SSPAL) to advocate for lead safe housing and to build awareness in the community on the dangers of lead poisoning.

SSPAL has recently been recognized by Wisconsin's Farmer's Market Nutrition Program with a 14 Carrot Gold Award for their community garden. Increasing the consumption of vegetables and greens can retard the absorption of lead in a child's system and prevent them from becoming lead poisoned.

The Kinnickinnic River Neighborhood project has been working with local schools and nonprofit organizations to conduct activities and hold public meetings to create support for clean up and redevelopment of the Kinnickinnic River Corridor. In the short term, project staff have worked with the City of Milwaukee to enhance the design of a bike trail to be built along the river and started the process with the Milwaukee Metropolitan Sewerage District to look at the long term improvement of the river by removal of the concrete channeling that lines much the river.

More than 10,000 hours of service were provided by AmeriCorps members to enhance program operations and conduct community projects. Sixteenth Street's AmeriCorps members were recognized by Milwaukee's Safe Kids Coalition for their excellent work.

AmeriCorps enables us to provide additional services and staff support for women's health, breastfeeding support, WIC nutrition services, HIV outreach, asthma and diabetes management and lead poisoning prevention.

Members are also advocates for our medication assistance program. Last year, the medication assistance program made it possible for more than 100 people to receive prescriptions, testing supplies and/or vaccines worth more than \$220,000.



# NATIONAL COMMUNITY HEALTHCORPS AMERICORPS

Volunteers in service to the community, expanding the reach of Sixteenth Street programs.

#### The gloves came off for Sixteenth Street's 12th Annual Celebrity Roast.

Retiring Aurora HealthCare President & CEO Ed Howe was the guest of honor, and he took some direct hits from Roasting panelists Jon Vice, President & CEO, Children's Hospital of Wisconsin, Bill Jenkins, President, Jenkins & Associates, Dr. Madeline Wake, Provost, Marquette University and Jim Connelly, Partner, Foley & Lardner, LLP.

Referee and Master of Ceremonies Marc Marotta, Partner, Foley & Lardner, LLP made sure Ed was 'saved by the bell' on more than one occasion.



### A KNOCK OUT ROAST









































Our heartfelt thanks to Knock Out Table Sponsor Children's Hospital of Wisconsin

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Every effort has been made to ensure that this report of giving is accurate and complete. Please accept our apology for any errors or omissions. We ask that you report them to the Director of

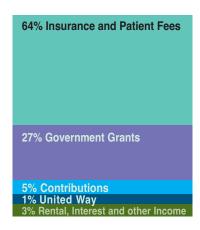
Development so that we may correct our records. This listing reflects all gifts received between April 1, 2006 and

March 31, 2007.

### 2006-2007 FINANCIALS (APRIL 1, 2006 - MARCH 31, 2007)

#### **SOURCES OF FUNDS:**

Insurance Reimbursement & Patient Fees	\$11,222,307
Government Contracts & Program Awards	4,736,867
Charitable Contributions	852,946
United Way	151,498
Rental, Interest and Other Income	466,651
TOTAL	\$17.430.269



#### **USE OF FUNDS:**

Provision of Health Care	\$10,544,173
Community Outreach Health Education	2,944,595
Management, Facilities, Billing and General	3,797,251
Fund Raising	89,248
TOTAL	\$17,375,257

#### BALANCE SHEET (as audited by Virchow, Krause & Company, LLP)

#### Assets

Current Assets	\$ 7,253,746
Property & Equipment	\$ 9,591,973
Other Assets	\$ 979,016
TOTAL	\$ 17,824,735
Liabilities and Net Assets	
Current Liabilities	\$ 1,659,219
Long Term Liabilities	\$ 6,704,596
Net Assets	\$ 9,460,923
TOTAL	\$ 17.824.735

## BOARD OF DIRECTORS

Members of Sixteenth Street's Board of Directors meet monthly to review agency operations and to plan for service expansions and agency growth. All Board members serve without compensation. The contributions they make in terms of leadership and perspective is deeply appreciated.

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Broydrick & Associates

#### Mike Hofer, Vice President

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#### Kathy Hein, Secretary

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#### Dr. Jeffrey Stearns

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S.C. Johnson & Son, Inc.

"I care very deeply about the community and the children of Milwaukee. I teach bi-lingual education at Hayes Elementary and have been a patient of Sixteenth Street Community Health Center for years. When I found out that I could become a Board member and truly make a difference in the lives of children and the south side community I jumped at the chance and I am glad I did." Levi Sosa, University of Wisconsin-Milwaukee graduate student, pursuing a masters degree in International Business.

Levi Sosa University of Wisconsin-Milwaukee





"Over the past twenty years I have seen first-hand the benefits of having Sixteenth Street in our neighborhood. As a board member, I am able to participate in decisions that directly affect the health and welfare of my community."

Kathryn Hein Assistant Director Les Aspin Center - Milwaukee Marquette University

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#### COMMUNITY HEALTH CENTER

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#### PARKWAY HEALTH CENTER

2906 S. 20TH STREET • MILWAUKEE, WI 53215

#### **ADMINISTRATION**

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