

## South Division Wellness Center

We want all the staff to know about the amazing work being done at the school-based clinic operated by Sixteenth Street Clinic within South Division High School.

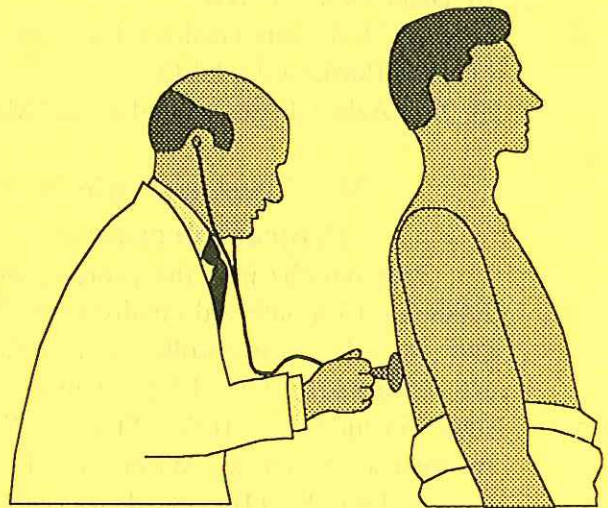
There are four staff members who work at the Wellness Center: Kim Aakre, Rea Katz, Maihoua Moua, and Maria Mauras. The Center has served more than 1,300 students already this school year, both for minor problems like headaches and for more serious conditions, such as asthma, diabetes, renal problems and pregnancy. About a third of the students who see the providers have no physical problem. Rather, they have issues that affect them psychologically: violence, difficulties getting along with parents, rape, feelings of suicide and more.

The Wellness Center staff can instruct the students about sexual abstinence and birth control. But, because of 16th Street's agreement with the school, they cannot prescribe birth control methods. Sadly, South Division has one of the highest high-school pregnancy rates in the city.

What makes the Center so important is that many of the students at South Division have *no* doctor of their own. Even those who do have a doctor often avoid the doctor's office. The Wellness Center puts good health care where the students almost trip over it.

We honor all the staff at the Wellness Center for the difficult and important work they are doing. We urge everyone who works

at 16th Street to stop by the Wellness Center for a visit.



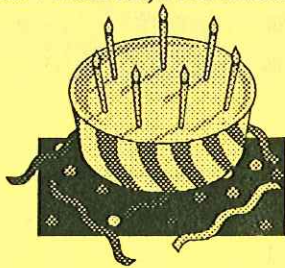
## SEVEN STEPS TO STAGNATION

1. We've never done it that way.
2. We're not ready for that yet.
3. We're doing all right without it.
4. We tried it once, and it didn't work out.
5. It costs too much.
6. That's not our responsibility.
7. It won't work.

## Birthday's

### January

- 8 Maria Mauras, Wellness Center
- 10 Monica Cook, Billing
- 17 Annie Sierra, Front Desk
- 19 Maihoua Moua, Wellness Center
- 23 Rea Katz, Wellness Center
- 26 Minnie Green, First Time Parents
- 26 Laura Vargas, Social Services
- 31 Anna Villarreal, Administration



### February

- 2 Yvette Aponte, Clinic
- 8 Carol Laux, WIC
- 9 Elvira Ramirez, Health Education
- 10 Diane Dankert, WIC
- 10 Barb Heffernan, Health Education
- 11 John Bartkowski, CEO
- 21 Kim Aakre, Pediatrician/Internal Med.

### WIC/Immunization Project Successes

Five months into the project, we have 2,448 0 - 15 month old children enrolled, an average of 123 new enrollees per week (90% are newborns). Our 12 participating WIC sites include: 16th Street; Keenan; Northwest; Rainbow; Wisconsin, Fond du Lac, Lisbon, S. 11th; Seeds of Health: S. 15th and St. Mary's Hosp.; MLK Heritage; Wee Care: Teutonia and Capitol. As you can see, we cover the entire city of Milwaukee.

After 3,777 phone calls to parents/guardians for immunization record retrieval or to remind them that immunizations are due, we are beginning to see results. We have seen steady reductions in the number of children with unknown immunization status at all sites. There has also been an increase in the number of children whose primary immunizations are completed by age 2. The primary

immunizations include: 4 DTP, 4 Hib, 3 OPV, 3 HB, and 1 MMR.

A computerized immunization record is now part of the child's WIC record. Soon, we will receive weekly information updates on our project participants on computer disk. This should reduce our paper work tremendously and enhance our ability to track immunizations.

We were expecting a CDC site visit December 19 and 20 but for the second time the visit was postponed due to the government shut down.



### DELEGATION: The Process of Turning Work Over to a Subordinate

You hold people responsible for successful completion and accountable for the results. But do you give them the authority to get the job done?

True there is **risk**. But no one can improve their ability to operate without operating; share your authority.

#### Benefits of delegation include:

1. **Frees your time for managing the "big picture."** Peter Drucker, management guru, says planning, organizing, staffing, directing, monitoring, controlling and innovating are the jobs of a manager. Notice the absence of "doing" the work.
2. **Relieves pressure.** You can be so busy as a manager that you are out of control.

3. **Allows you to develop people.** Remember your staff is your most important resource. By taking the time to delegate you develop people who are able to work with a minimum amount of direction.
4. **Provides a motivational environment.** Delegating means you spend time with your employees. Everyone craves attention!
5. **Provides performance standards.** Evaluation can then be based on *accomplishments*, not busyness.
6. **Increased results.** There is a difference between efficiency and effectiveness.

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## FACES OF THE FUTURE

A benefit for the  
Supporting First Time Parents Program

February 29, 1996

Hyatt Regency Hotel  
333 W. Kilbourn

\$20 per person

5:30 - 7:00 pm Cocktails, Hors d'oeuvres  
& Silent Auction

7:00 - 8:00 pm Talk by Jacqueline Mitchard  
author and columnist

& awards to community leaders

Supervisor Tom Bailey

Representative Spencer Coggs

Dan Bader & Bob Pietrykowski

of the Bader Foundation

Fred Gutierrez of the Milwaukee Foundation

Dr. Juliette Martin-Thomas

Free child care with advance registration by  
Feb. 15, 1996.

For more information call Sara Spence, ext.  
348.

## What is the Supporting First Time Parents Program?

The SFTPP provides information and support to parents in Milwaukee County who are having their first baby. We work with a consortium of community agencies including Rosalie Manor, Family Service, New Concept Self Development Center Next Door Foundation and Parents Anonymous. 16th Street CHC's part is interviewing all the first time parents who deliver at St. Mary's and Sinai Samaritan Hospital (whether or not they are our patients) and providing follow up home visiting services to all families living in the 53204 zip code and Spanish speaking families county wide. 16th Street CHC employees working in the programs are Minnie Green, Gloria Monroy, Sue Otto, Carolyn Simon and Sara Spence.

Reservations for "Faces of the Future" to benefit the Supporting First Time Parents Program.

Thursday, February 29, 1996

Name: \_\_\_\_\_

\_\_\_\_\_ Yes, I plan to attend

Enclosed please find a check for \$\_\_\_\_\_ for \_\_\_\_\_ tickets. (Tickets are \$20 per person.)

or

\_\_\_\_\_ I prefer to pay by Visa or Mastercard (please circle which card you are using)

Card# \_\_\_\_\_

Exp Date \_\_\_\_\_

Cardholder Sign \_\_\_\_\_

\_\_\_\_\_ I will need child care for \_\_\_\_\_ children, ages \_\_\_\_\_.

Tickets will be held at the door under the name listed above. \$10 of ticket price is tax deductible. **Reservations requesting child care must be received by February 15, 1996.** Return reservation form to Sara Spence.

